

## Resources for children and young people with autism spectrum conditions, their families/carers and professionals who provide support – Covid-19

This document is intended to signpost schools and settings to resources which help support children and young people with autism spectrum conditions (ASC) and their mental wellbeing during Covid-19 and on their return to schools and settings.

For schools and settings in Cheshire East footprint

**Useful Resources:** 



social care

<u>Latest guidance</u> and information on Corona Virus from the National Autistic Society

<u>COVID-19</u> guide for carers and family supporting adults and children with learning disabilities or autistic adults and children



<u>Advice</u> on supporting children and young people with ASC returning to school



<u>Cheshire East Schools Bulletin</u> containing Covid-19 resources for schools and colleges on ChESS and includes briefings, emails and documents from Government and Public Health England, resources are available from HR, CEAT, SEN and the Virtual School.



<u>Space4Autism</u> Covid-19 services, including helpline, Facebook Support page and online Art

New 24/7 <u>mental health helpline</u> is open to people of all ages who require urgent support and are residents of Cheshire West, Cheshire East and Wirral: 0300 303 3972

## Helping people to be the best they can be