15/06/2023

FAO All parents in Cheshire East

Hello, my name is Louise, I am the Families and Communities Team Lead at Visyon, your local mental health charity for children and young people. As the academic year draws to a close, I wanted to get in touch to tell you a little about the Families and Communities Team.

Our focus as a team is purely on the mental health and wellbeing of children and families. Our aim is to provide timely information, guidance and support to equip children and families with the appropriate knowledge, understanding and skills to be able to manage their mental health and wellbeing. As a team we have had an exceptionally busy year. We know from our families that this year has been challenging and we have been able, through our kind funders, to reach many families in Cheshire East, new and old to Visyon, via our Parent Open Access appointments, our one to one Family Wellbeing Support, Parent Carer Workshops and Webinars.

I hope this academic year, you have enjoyed learning about our service offer and may have accessed one of our services, to help you support you or your family. As a team, we are constantly reflecting, reviewing, and adding to our service offer and hope to be able add to our service in the next academic year, including some new workshops. I attach details of our current offer and our Parent Carer workshops for the summer period and wider details on the Visyon offer, for your information. I would also like to take this opportunity to share with you some of the lovely feedback we have received from some of our parents:

‘I feel that I’ve gained a lot more confidence as a parent’, Mum of year 4 boy.

‘Parents are reporting that things at home are calmer and children are calmer when they use all the strategies’, year 6 teacher.

‘Thank you for all your hard work, I can see the impact you have made on my children’, Dad of year 5 boy.

I appreciate that as parents, we are time short, and I thank you therefore for taking the time to read my letter. I also, along with my team, and my colleagues at Visyon, wish you, when it arrives a wonderful summer break and look forward to supporting you in the future.

Should you have any questions or require further information, please do not hesitate to get in touch via [louise.marsh@visyon.org.uk](mailto:louise.marsh@visyon.org.uk).

Regards

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